

Steve,

The training is a blast. I look forward to Tuesday's and Thursday's when we have Kenpo and the Warrior Arts training. Everyone in class is great to work with and to learn from. It is nice that we all seem to compliment each other when we practice the techniques and forms. I like how you insert the Filipino Martial Arts, Qi-Gong and Systema into our training.

It has also improved my daughter's efforts at home (I hope it lasts!). When you started working with her, she had to know the magic words and what self discipline means. I have heard you ask what examples of self discipline, and at first, she needed help, but now, she can use many examples; most of which are chores she (should) be doing at home. The training is also something we work with together. Going to her class and watching the basics all over again, then working with her at home, has helped improve myself as well. She has a blast, and always talks about how fun it is.

Thanks!

Eric Rayburn